

STEPS Center for Excellence in Autism is now offering a Building on Skills and Strengths Group for Teens diagnosed with Aspergers, ADHD, ADD and High Functioning Autism. This workshop focuses on building and strengthening special interests and talents that can better your teen's future.

B.O.S.S. Group

Building on Strengths and Skills

STEPS believes that special interests and talents of all children need to be nurtured and broadened to aid in positive self-image. The B.O.S.S. Group is a program designed for teens diagnosed with Aspergers, ADHD or High Functioning Autism. The goal of these sessions is to build, strengthen, mentor and develop your teen's skills and talents into positive tools that can lead to an overall improvement in confidence, attitude and self-image. STEPS staff will help access community resources to aid in strengthening skills and will work with schools and/or outside service providers in identifying how to use talents in teaching and broadening skills.

Targeted areas:

Building confidence	Instilling positive attitude
Working as a team	Identifying strengths
Developing and practicing skills	Broadening abilities
Developing personal goals	Putting skills to use in the community and at school

<u>Summer Sessions Dates/Times</u> Wednesdays- 4:00-6:00pm July 7,14,21,28, August 4,11,18,25 *Summer session includes two parent workshops.	<u>Location</u> STEPS Center for Excellence in Autism 21337 Drake Rd. Unit A Strongsville, Oh 44149 (440) 572-1337
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For more information or to sign up for this group Please contact STEPS.

(440) 572-1337

